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**World Pentathlon
Newsletter**

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UIPM 2024 U17 PENTATHLON WORLD CHAMPIONSHIPS



Action from the Obstacle course at the UIPM 2024 Pentathlon U17 World Championships in Caldas da Rainha (POR)



UIPM 2024 U17 World Championships



It was fitting that Egypt had the final say in the closing Mixed Relay as the African powerhouse won five golds at the UIPM 2024 U17 World Championships

Five-star Egypt turn on the style to make more history in Portugal as the next generation shines bright

Six days of action at the UIPM 2024 Pentathlon U17 World Championships provided a stunning glimpse of tomorrow's world as two pentathletes aged 13 and 15 won the gold medals by staggering margins.

Once again, Egypt led the way throughout the week with another haul of medals displaying the might of the country's development programme, leaving Portugal with five gold medals and a silver.

Aged 13 years and seven months, Farida Khalil (EGY) is now a two-time

U17 world champion, having secured the crown for the first time in 2023 when she was only 12.

Khalil (EGY) won the Women's Final by a clear margin, finishing 20sec ahead of silver medallist Diana Rajncsak of Hungary as Charlotte Keister of Germany pipped Lily Farag (EGY) for bronze. None of the top four athletes has yet turned 16.

The Men's Final was similarly dominated by Akim Gnedtchik (AIN), another 15-year-old who seems to have the world at his feet as Modern Pentathlon enters the Obstacle era. Gnedtchik, younger brother to senior world No.6 Mariya Gnedtchik, turns 16 only next week but he was 19 points too good

for the competition in Portugal.

Omar Abdelkader (EGY) added a second individual medal for the North African powerhouse as he held on to the silver medal under pressure from bronze medallist Maksym Kovalchuk of Ukraine and Nemere Szecsi (HUN), who missed out by 1sec.

Both Team gold medals were won by Egypt, with Hungary and Poland winning silver and bronze on the women's side and Ukraine and Italy respectively doing likewise in the men's event.

Relay success also went the way of Egypt (mixed and men), after the Italian women had claimed the first title of the



Action from the piste during the Fencing competition as a frenetic UIPM U17 World Championships showed off some of the best young talent.

week. The competition attracted more than 150 athletes from 30 nations – an increase of four on 2023.

Joao Almeida, President of the Portuguese Modern Pentathlon Federation and former long-time UIPM Medical Committee Member, received the UIPM Medal of Honour from UIPM President Dr Klaus Schormann on the final evening.

Champions' reaction

Women's Individual gold medallist Khalil (EGY) said: "I am very, very happy that I got the gold medal, because I worked a lot for this moment. I found it a very tough competition, but I worked so hard to get this medal and these good scores.

"My target is a gold medal at the Olympic Games Los Angeles 2028."

Men's Individual champion Gnedtchik (AIN) said: "I am very happy. My Fencing was very good, and every other discipline was so-so. In the Laser Run I had a big advantage over 2nd place.

"My target is gold in the LA28 Olympics. I would like to say hello to my sister Mariya, who is a very good pentathlete, and I am thankful to my coaches and my mother. We are a team."

Women's Relay

Annachiara Allara and Sara Beggio (ITA) excelled in Obstacle to take an impressive gold in the Women's Relay, finishing 11sec ahead of silver medallists Germany (Charlotte Keister & Hannah Dicks) as Hungary (Emese Bagyi & Zora Daranyi) claimed the bronze.

Men's Relay

In the Men's Relay, Egypt triumphed for the second consecutive year as Aly

Aboelfetouh and Ahmed Abdelhamed built on a fine Fencing performance to win by 10sec from Türkiye duo Muhammet Emir Kurtulan and Arda Meric. A thrilling sprint for the medals saw Lukas Lagunavicius and Valeika Liutauras (LTU) snatch bronze from their Hungarian rivals.

Women's Final

The greatest threat to Khalil (EGY) was expected to be her team-mate Ritage Ramadan (EGY), who had upstaged the champion in the Fencing Ranking Round with 28 wins to her rival's 27.

But Ramadan (EGY) made a decisive error in the Obstacle discipline, failing to obey the instructions of a technical official and suffering elimination. She was the only athlete eliminated out of 36 in the round, as Keister (GER) set the standard with an impressive 26.88sec, closely followed by Beggio (ITA) on





There was no shortage of drama in the Obstacle round during the Women's Final in Caldas da Rainha (POR).

27.78. Khalil (EGY) showed her all-round mastery by also completing the course in less than 30sec.

There were six wins in the Fencing Bonus Round for Wakana Uchiyama of Japan and five for Juliette Barnades of France, and while Khalil (EGY) lost the final bout to Ramadan (EGY), she rebounded in Swimming with the second-fastest time of 2min 15.16sec.

Only Uchiyama (JPN) went faster than

that, delivering an outstanding 2min 12.13.

Into the Laser Run and Khalil (EGY) proved well able to protect what looked like an unassailable lead, finally retaining her title by a 20sec margin as team-mates Farag (EGY) and Alia Enayet (EGY) joined her in the top six. The day's best Laser Run time was recorded by Andrea Flores of Mexico, whose 9:11.64 eclipsed the 9:11.99 of Allara (ITA) by a tiny margin.

Men's Final

Unlike Khalil (EGY), Gnedtchik (AIN) had nobody for company at the top of the Fencing leaderboard, and he added the maximum four points to his overnight score of 270 as Yerafeyu Yavor (AIN) upped his tally by 10 points with five Bonus Round touches and Tsimafei Prakopchyk (AIN) won four.

Gnedtchik (AIN) made the top five in Obstacle, in a cluster of athletes around the 25sec mark, but there



The UIPM 2024 U17 World Championships again showed how the new Obstacle discipline brings even more dynamic action to Modern Pentathlon



Getting those teenage kicks in the pool proved to be helpful during the Swimming discipline

was no doubting the dominant racer. Lagunavicius (LTU) blew away the competition with a blistering time of 21.13.

Prakopchyk (AIN) stood out in Swimming, timing 2:02.84 ahead

of Tomas Grigorov of Bulgaria and Maksymilian Dobosz (POL), but nobody was able to make a gain on the leader as Kurtulan (TUR) started Laser Run in 2nd place, 25sec off the pace.

As Gnedtchik (AIN) completed the

victory procession, Kovalchuk (UKR) refused to give up his starting position of 3rd but the big move came from Abdelkader (EGY), who vaulted from 8th to 2nd to claim silver. But even that wasn't the best Laser Run of the day – that honour went to Aboelfetouh (EGY), who shot round the course in 8:06.22.

Mixed Relay

Egypt picked up their fifth gold medal of the week as superstar Khalil (EGY) claimed her third gold medal of the weekend alongside Ahmed Abdelhamed.

Twenty nations participated in this year's Mixed Relay event, a 25% increase on the number of teams that took part in 2023.

Thanks to strong starts in the Fencing and Obstacle, 13-year-old sensation Khalil (EGY) completed a gold medal sweep following successes in the Women's individual and Women's Team, amassing 1640 points along





The finishing line in Caldas da Rainha (POR) was the scene of lots of exhaustion and elation after another energy-sapping Laser Run

with teammate Abdelhamed (EGY) who won his second medal of the competition after Men's Team gold.

Hanna Jakubowska and Dobosz (POL) came close to pipping their Egyptian counterparts in the Laser Run having completed the circuit nearly 40 seconds faster, but it was not enough to close the demonstrable gap and they finished the week with silver.

Hungary athletes Szecsi and Ivola Turbucz were faster still in the Laser Run, salvaging a bronze medal, a repeat result of last year's U17 World Championships albeit with a different team.

World record progression

This was the second year U17 athletes have taken part in a full Pentathlon,



Focus at the shooting range with the prizes still to be decided in another gripping Laser Run.

thanks to the introduction of Obstacle alongside Fencing, Swimming and Laser Run. Eight world records were broken by athletes from Africa, Asia, Europe and North America during the competition in Caldas da Rainha (POR),

based on the following progression from Qualification to Finals:

Women's Overall

- 1,349 points – Diana Rajncsak (HUN) and Alia Enayet (EGY)



Laser Run action has the crowds in Caldas da Rainha (POR) feeling the excitement with drama aplenty at the UIPM 2024 U17 World Championships.

- 1,391 points – Farida Khalil (EGY)
- Men's Overall**
 - 1,499 points – Akim Gnedtchik (AIN)
- Men's Laser Run**
 - 8:37.30 – Gordon Ballantyne (GBR)
 - 8:32.44 – Fernando Cavillo (MEX)
 - 8:26.65 – Kanta Abe (JPN)
 - 8:06.22 – Aly Aboelfetouh (EGY)
- Women's Obstacle**
 - 27.92sec – Charlotte Keister (GER)
 - 26.88sec – Charlotte Keister (GER)
- Men's Fencing**
 - 274 points (28V/6D) – Akim Gnedtchik (AIN)
- President's reaction**

UIPM President Dr Klaus Schormann said: "Here in the historical city of Caldas da Rainha we already organised a lot of competitions with wonderful facilities. The Portuguese Modern Pentathlon Federation is
- Women's Swimming**
 - 2:12.00 – Wakana Uchiyama (JPN)
- Men's Obstacle**
 - 24.04sec – Lukas Lagunavicius (LTU)
 - 21.13sec – Lukas Lagunavicius (LTU)
- Women's Laser Run**
 - 9:11.64 – Andrea Flores (MEX)





Akim Gnedtchik (AIN) tops the podium after men's medalists were presented with their prizes by UIPM President Dr. Klaus Schormann and dignitaries

celebrating its 75th anniversary and they have delivered a fantastic competition for our youth society coming from more than 30 countries.

"Throughout the week we saw a new generation of great athletes competing at a high level.

"The new combination with Obstacles gives more athletes from more countries the possibility to compete in a full Pentathlon, and that is what we want to achieve in the future across age levels. Here in this U17 World Championships we had youth athletes from Peru competing overseas for the first time.

"After a very successful Olympic Games in Paris, where we delivered one of our best Olympic presentations in the history of Modern Pentathlon, we can see through the quality of competition at youth level that we are developing in the right direction for Los Angeles 2028."



Women's Relay glory felt pretty good for the hard-working teammates representing Italy

UIPM 2024 Congress

Candidates stand for election in record numbers ahead of UIPM Congress in Riyadh (KSA)

The Union Internationale de Pentathlon Moderne (UIPM) has published the list of candidates eligible for election in the 73rd UIPM Congress in Riyadh (KSA) on November 16 and 17, 2024.

The list includes three candidates who are standing for the role of UIPM President, which will be vacated by Dr Klaus Schormann at the end of 2024, and 12 candidates for the five UIPM Vice-President positions.

At least two Vice Presidents will be newly elected. There will also be newcomers in the Executive Board positions for Sport, Marketing and Media. All terms of service begin in January 2025, and UIPM's new term limits will come into effect for all those elected.

The total number of 65 candidates sets a new record for an electoral UIPM Congress. The previous high was 58 in 2016. The full list of candidates eligible for election in the 73rd Congress is as follows (* denotes candidate standing for re-election):

UIPM President (3 candidates for 1 position)

- Joel Bouzou (France)
- Sharif El Erian (Egypt)
- Robert Stull (United States)

UIPM Vice President (12 candidates for 5 positions)

- Dr Huda Al Matrooshi (United Arab Emirates)
- Viacheslav Aminov (Russia)*
- Aistis Baronas (Lithuania)
- Fabrizio Bittner (Italy)
- Kitty Chiller (Australia)
- Dongkook Chung (Korea)
- Ana Irene Delgado (Panama)
- Sharif El Erian (Egypt)*
- Bakhromjon Gaziev (Uzbekistan)
- Andrey Kuzmanov (Bulgaria)



- Dr Viacheslav Malishev (Georgia)
- Juan Manzo (Mexico)*

UIPM Treasurer (2 candidates for 1 position)

- John Helmick (United States)*
- Helio Meirelles (Brazil)

UIPM Executive Board Member for Sport (4 candidates for 1 position)

- Ali Assem (Egypt)
- Andrea Dell'Amore (Italy)
- Bernhard Petruschinski (Germany)
- Agnese Tomassi (Belgium)

UIPM Executive Board Member for Marketing (6 candidates for 1 position)

- Hussain Al-Abdulwahab (Saudi Arabia)
- Fabrizio Bittner (Italy)
- Dr Veli Cakir (Türkiye)
- Jawid Khawar (Afghanistan)
- Vitthal Shirgaonkar (India)
- Barry Tompkins (Canada)

Executive Board Member for Media (5 candidates for 1 position)

- Najla Al-Qahtani (Saudi Arabia)
- Natallya Coyle (Ireland)
- Leila Gyenesei (Hungary)
- Vitthal Shirgaonkar (India)
- Barry Tompkins (Canada)

UIPM Executive Board Member for Development (4 candidates for 1 position)

- Jameel Bubshait (Saudi Arabia)
- Jawid Khawar (Afghanistan)
- Dr Viacheslav Malishev (Georgia)*
- Janusz Peciak (Poland)

Auditors (1 candidate for 2 positions)

- Mahdi Goudarzi (Iran)

Technical Committee (14 candidates for 6 positions)

- Rafael Acosta (Argentina)
- Changsik An (Korea)
- Ali Assem (Egypt)*
- Corine Bouzou (France)*
- Andrea Dell'Amore (Italy)*
- Marcelo Goncalvez (Brazil)*
- Agnes Kulcsar (Hungary)*
- Rui Lucena (Portugal)*
- Edita Maloszyc (Poland)*
- John Moreau (United States)
- Ana Ruth Orellana (Guatemala)*
- Zenhua Qian (China)*
- Agnese Tommasi (Belgium)*
- Leonid Zimarev (Kazakhstan)

Medical Committee (5 candidates for 6 positions)

- Dr Dapeng Bao (China)*
- Dr Bassel Jamil (Syria)
- Dr Marco Michelucci (Brazil)*
- Dr Douglass Stull (United States)*
- Dr Moussa Tadros (Egypt)

Business Affairs Committee (9 candidates for 4 positions)

- Ana Luisa Almeida (Brazil)
- Mona Al-Sabeg (Saudi Arabia)
- Emir Basar (Türkiye)
- Andris Feldmanis (Latvia)
- Andrey Kuzmanov (Bulgaria)*
- Theodora Palli (Greece)
- Yuriy Solovyev (Kazakhstan)
- Barry Tompkins (Canada)*
- Peter Vizkeleti (Hungary)



FISU World University Championship Modern Pentathlon



The Mixed Relay podium savour the sweet taste of success at the 2nd edition of the FISU World University Championship Modern Pentathlon in Kaunas (LTU)

Hats off to Egypt's golden trio as Kaunas (LTU) sees big breakthroughs and dramatic comebacks

Egypt dominated yet another global competition by claiming three of the four gold medals on offer at the 2nd FISU World University Championship Modern Pentathlon.

The North African powerhouse, which recently celebrated its first Olympic champion in Modern Pentathlon as Ahmed Elgendy won gold in Paris (FRA), has been the most prolific nation across many age groups in recent years and now dominates the university sports scene, on the evidence of recent days in Kaunas (LTU).

All six of UIPM's continental confederations were represented, with a strong European challenge that yielded medals for Hungary, Italy and Poland amid competition from the likes of Argentina, Australia, Brazil, Ecuador, Philippines and United States.

Hosting this competition six years after its first instalment in Budapest (HUN), when Elgendy (EGY) and future two-time world champion Elena Micheli of Italy were among the medallists, Lithuania created memories to treasure at the Vytauto Didziojo University Sports Centre, too.

Elzbieta Adomaityte won the Women's Individual category on the opening day,

followed by a Team silver for Anastasija Kancyte (LTU) and Titas Purnas (LTU).

But once Adomaityte (LTU) had received her prize, it became an Egyptian gold rush.

First Moutaz Mohamed (EGY) earned the title of Men's Individual champion, following up with victory in the Team category alongside Zeina Amer (EGY), who then continued the golden procession by winning the Mixed Relay alongside Moustafa Abouamer (EGY).

Having reverted from a Tetrathlon to the exciting new Obstacle Laser Run format, the results gave a clue as to which nations have put the most time

into Obstacle training in 2023 and 2024, ahead of the discipline's full integration into Modern Pentathlon in the 2025 season.

How the medals were won

Adomaityte (LTU) claimed the women's gold medal with a comfortable lead over team-mates Maja Biernacka (POL) and Malgorzata Karbownik (POL), who won silver and bronze respectively.

Mohamed (EGY) had to fend off competition from within his own team to claim gold, forcing Abouamer (EGY) to accept silver in the men's competition with Emanuele Tromboni (ITA) securing bronze.

Aged 22 and ranked 34 in the world, Adomaityte (LTU) looks like a strong prospect following in the wake of five-time Olympian Laura Asadauskaite, UIPM 2024 Pentathlon World Cup Final champion Gintare Venckauskaite and Pentathlon World Cup winner Ieva Serapinaite.

Having already demonstrated her Laser Run prowess by becoming Women's Individual world champion and Mixed Relay bronze medallist in Bath (GBR) in 2023, and in multiple Modern Pentathlon competitions, Adomaityte (LTU) proved that she can also handle herself on an Obstacle course.

With the Obstacle Laser Run format introduced at university level for the first time, the fastest Obstacle time of 32.20sec was set by Karbownik (POL), while Biernacka timed 38.06 and Adomaityte (LTU) was not too much slower in 40.71. There were only two eliminations.

Starting 17sec off the pace, Adomaityte (LTU) made light of the deficit to dominate the Laser Run with a time of 11:32.50 that swept the competition away.

Life was not quite so easy for Mohamed (EGY) in the Laser Run, as he overcame a 16sec starting deficit to Abouamer (EGY) only to see his rival rapidly advancing on



Competitors hang tough during the Obstacle discipline in Kaunas (LTU).

the last lap to set up a dramatic sprint finish.

Abouamer (EGY), who holds the junior world record for Obstacle in Modern Pentathlon, was the star of the course with another epic time of 22.06. The second-fastest Obstacle performer was Tromboni (ITA) in 23.75, while Mohamed (EGY) managed 30.23.

On day two, the Team event gave participating delegations the chance to shake things up with male and female athletes going head-to-head in some instances in Obstacle or Laser Run.

Egypt (Amer/Mohamed) came out on top by just 9sec from Lithuania (Kancyte/Purnas), while another Egypt team (Sally Ismail and Abouamer) won the bronze medal.





Striving for every split second in the Obstacle discipline during the men's competition (above) which was won by Moutaz Mohamed (EGY).

A more conventional Mixed Relay took place on the final day, and this time Amer and Abouamer teamed up to give Egypt victory by 15sec from Poland (Karbownik & Maciej Klimek), while Hungary (Noemi Eszes & Zsombor Tarkanyi) took home the bronze.

Medallists' reaction

Women's individual gold medallist Adomaityte (LTU) said: "Well, it's new for me, I've never competed in this type of competition so it was fun, I came here to have fun and I think I executed the plan.

"It was my first time doing Obstacle this year, and we had four weeks of training so I'm really proud of myself. I've achieved a lot and I feel like Obstacle will be a good discipline for me.

"I'm just happy to be in Kaunas, in my city and my country, and it's a really nice competition here.

"I think it's fun, and it's important for athletes to have fun while competing. I like it.



"Studying while doing sports is a huge advantage for athletes because when you are injured or in your off season, you have somewhere to put your energy.

"Education is really important for everybody so I think it's a must for every athlete to study.

"I think this new stadium and new facility that we have in Kaunas really wowed me, and I'm really proud that Kaunas has been able to host this big competition."

Men's gold medallist Mohamed (EGY) said: "It feels great that I am the world

university champion. It's a new title for me, to add to a lot of titles, and I hope to achieve as many titles as I can so it's really great.

"I was competing against the world junior silver medallist and it feels great to compete with him again. After I finished my last shooting series, I thought I don't need to run any more and I started to celebrate, but then I was aware something has happened and it was Moustafa coming out of the range and running as fast as he could.

"Another 10 metres and I think he would



Competitors from Hungary and Italy go toe to toe on the vertical bars during the 2nd FISU World University Championship Modern Pentathlon

have caught me, so it was crazy. I started to celebrate and then had to run for my life.

"It's not the first time I tried Obstacle, but I think it's great. It doesn't depend on luck any more - it's just you and

nothing else. I also think it's going to be great for the younger athletes. They like it and find it exciting to watch.

"Of course it's so sad to see horse riding going out of the Olympics, but it's a new start. We are modern pentathletes and

we can adapt to everything. That's how we are.

"It's going to be good for my scholarship.

"My university is supporting me and it's great to be university world champion."





An open-format Mixed Relay in Kaunas (LTU) creates intriguing competitive elements as Italy lead Egypt at the start of another Laser Run

Officials' reaction

UIPM President Dr Klaus Schormann said: "I am thrilled that the FISU World University Championship Modern Pentathlon has returned, with student athletes from six continents coming together to share special times and compete with great passion.

"The second instalment of this competition was closely aligned to the evolution of our movement, enabling athletes to test their skills in the exciting new format Obstacle Laser Run.

"Modern Pentathlon has always been linked in a very strong way with education. Many pentathletes train and

compete while they are studying at university and later they have successful careers in a wide variety of professions. The development of UIPM's worldwide partnership with universities is facilitated by the integration of Obstacle, making our sport more accessible globally.

"Lithuania is a very active nation within

our movement and I know this latest competition in Kaunas was arranged at the same high level as the UIPM 2023 Junior World Championships in Druskininkai. We look forward to returning there only a few weeks from now for the UIPM 2024 Pentathlon U19 World Championships."

Lithuania Modern Pentathlon Federation President Aistis Baronas added: "We are extremely proud to be part of such an important event, knowing that Modern Pentathlon is undergoing big changes.

"The Obstacle discipline looks to be very popular among youngsters, and this event is the beginning of a great future for Modern Pentathlon. We are really happy that UIPM and FISU trusted this event to be organized in Lithuania, and together with the Lithuanian Students' Sport Association we made it happen.

"My huge thanks go to everyone involved, from volunteers to all of the directors, sponsors, partners and spectators. An experience like this enables our Federation to grow as one of the best Modern Pentathlon events organisers. Quality is what drives us all.

"We have seen so many students from all over the world gathered in my beautiful hometown Kaunas city – heart of Lithuania. Thank you all!"



Elzbieta Adomaityte (LTU) did her nation proud as she claimed the gold medal in the Women's Final (above), with silver and bronze going to Poland teammates Maja Biernacka and Malgorzata Karbownicka



All of the competitors at the 2nd FISU World University Championship Modern Pentathlon in the Lithuanian capital city of Kaunas.



UIPM 2024 Masters World Championships



Athletes who previously specialised in Laser Run, Biathlon and Triathlon rose to the task at UIPM 2024 Pentathlon & Tetrathlon Masters World Championships

Athletes savour revival of lifelong movement in Gyomro (HUN) after a six-year absence

Amid fierce rivalries, lifelong friendships were born and renewed, and new world champions were crowned across three days of sporting excellence at the UIPM 2024 Pentathlon & Tetrathlon Masters World Championships.

Athletes who had previously specialised in Laser Run, Biathlon and Triathlon as well as Modern Pentathlon rose to the challenge in Gyomro (HUN), showing the diversity of the modern UIPM Sports movement as one of its most popular events returned after a six-year absence.

Sixteen individual and 13 team medals were awarded, along with nine relay

titles, as 100 athletes from around the world competed in Pentathlon and Tetrathlon categories 30+ to 70+.

Interestingly, three athletes with origins in Laser Run, Biathlon or Triathlon won individual golds, Hungary duo Tamas Gajdos and Krisztina Gerhardt and Emanuel Gambini of Italy demonstrating the value of the UIPM Sports pathway in offering opportunities for lifelong competition.

Individual Modern Pentathlon

Janos Pethes (HUN) won the Men's 70+ gold in front of a home crowd which is quite the achievement considering he was born in 1949, the 75-year-old also being oldest pentathlete taking part.

Francesco Lo Monaco (ITA) pipped Charlie Lane of Great Britain in the Laser Run by 7sec to clinch the Men's

60+ gold. Laser Run was another big factor in the Men's 50+ as Jean-Christophe Perrier of France smashed the other eight pentathletes with a time of 7:44.50 giving the Frenchman more than enough points to top the podium.

Denise Silk (GBR) was the oldest women pentathlete taking part but she showed that age is but a number as the 58-year-old comfortably won the Women's 50+ title, amassing 1522 points.

George Harrip-Allan of South Africa showed considerable prowess in the Fencing Ranking Round (28V/4D) to power to Men's 40+ gold while the decorated Andra Novicka of Latvia delivered an impressive Laser Run time of 8:03.53 to seal Women's 40+ gold in a field of 10 athletes.



While Riding is no longer part of Modern Pentathlon at elite levels, the Masters competition retains the discipline with strong performances in Gyomro (HUN)

Individual Tetrathlon

Roger Menck of Germany, 80 years young, was the oldest competitor in Gyomro (HUN) but could not overcome Aleksandr Kasatov (AIN) as the 75-year-old prevailed in the Men's 70+ category.

The Men 60+ proved to be one of the more competitive age groups in the Tetrathlon as under 200 points separated 1st from 10th. Gajdos (HUN) did not win any of the isolated disciplines but his consistency across Fencing, Swimming and Laser Run proved to be pivotal as he took home the gold in his home country.

Dr Barbara Oettinger (GER) showed it doesn't matter how you start but how you finish as she beat off the competition convincingly in Swimming and Laser Run to win the Women's 60+ gold despite having ranked last in Fencing.

The Men's 50+ had been a tight

contest all day before the Laser Run finale which saw Gambini (ITA) far outpacing the chasing pack with a time of 7:30.12.

Like his female compatriot Silk (GBR), Edward Crofton-Martin (GBR) was the oldest on the Men's 40+ start line but his 49-year-old frame failed to hinder his performance, with superior Fencing and Laser-Run results to his peers.

Florian Gerbe (FRA) dominated the Laser Run in the Men's 30+ race to win gold, beating the other tetrathletes by nearly 2min with a time of 6:29.94, while Vera Oettinger (GER) emulated her mother's success as she comfortably won the Women's 30+ title.

Relays

It was fitting that a mother-and-daughter combination brought a weekend of family-friendly competition to an end on the final day of competition on 16 September,

as the Oettingers (GER) succeeded in winning the Tetrathlon 30+ Relay title. There was another gold medal for Perrier (FRA) alongside Jocelyn Laporte (FRA) in the men's equivalent while Ukraine duo Mila Nikolaienko and Stanislav Koval claimed mixed gold.

In the Pentathlon 30+ category, Silk teamed up with British teammate Sophia Saudo for more golden glory while the men's title went to Hungarians Peter Szekeres and Roland Kamany and Greece siblings Katalin and Peter Partics became mixed relay champions.

There were also three relays in the 60+ category, where gold medals ended in the hands of Hungary via Gajdos and Csaba Erdos (Men's Tetrathlon), Attila Csikos and Gyorgy Miko (Men's Pentathlon) and Sylvie and Didier Fabre (Mixed Tetrathlon).





The UIPM 2024 Pentathlon & Tetrathlon Masters World Championships was about community and connection as much as competition.

Champions' reaction

Tamas Gajdos (HUN), Tetrathlon Men's 60+ gold medallist, said: "I really enjoyed this World Championships. It was my first real Pentathlon race, because I started to practise Laser Run five years ago when the Pentathlon World Championships were here in Hungary.

"Thanks for all the UIPM and the Hungarian Federation officials and my club, the TRION-SC, who gave this place up for the weekend. Gyomro is a nice city and it was a really nice place for this World Championships.

"I enjoyed it. Next year I will start to ride the horse and try the Pentathlon too."

Andra Novicka (LAT), Women's 40+ Pentathlon gold medallist, said: "The Modern Pentathlon World Championships returned after six years, and I was happy to participate in this event!

"Despite the rainy weather, the atmosphere was truly warm and friendly. All the athletes showed

incredible determination to win, and the support from the fans inspired us to fight until the very end.

"It was great to see familiar faces again and feel the spirit of unity that was present throughout the competition. This championship gave me a lot of emotions and left unforgettable memories that I will cherish for a long time."

George Harrop-Allin (RSA), Men's 40+ Pentathlon gold medallist, said: "Thank you to Hungary and the Hungarian Modern Pentathlon Association for a wonderful competition. It was so special to win this world championships in a country with such a rich heritage in Modern Pentathlon.

"I was fortunate to have a fantastic Fencing round and a beautiful horse. I thank you all and what a wonderful time."

Ahmed Abouelmagd (EGY), Men's 30+ Tetrathlon gold medallist, said: "I am very happy to have participated in the competition in Hungary, it was very

hard but I had lots of fun and enjoyed a friendly atmosphere in the Masters community.

"I want to thank all the athletes participating in this Masters World Championship, they showed a lot of camaraderie and it was a joyful event."

Denise Silk (GBR), Women's Pentathlon 50+ gold medallist, said: "I am delighted to have won my category at the World Championships in Hungary.

"Competitions like these take a huge amount of organising and we are thankful for the efforts of the UIPM and the Hungarian team. The Masters have become a wonderful family of competitors and friends.

"I have personally benefited from seeing so many others join me in the Masters Pentathlon journey."

UIPM reaction

Janusz Peciak OLY, UIPM Executive Board Member for Sport and Montreal 1976 Olympic champion, said: "I'm very pleased with this Masters Word



Action from the shooting range during the Laser Run at UIPM 2024 Pentathlon & Tetrathlon Masters World Championships in Gyomro (HUN).

Championship. We had around 100 athletes participating from 20 countries across Africa, North America, South America, Europe, and Asia, and the level of competition was very good.

"I'm very happy with the atmosphere created by our versatile athletes and I think we will continue growing. They show courage and friendship to create a fantastic atmosphere and I'm very happy that we are organising such a competition.

"The Hungarian Federation, like always, did such a good job. Even the weather did not spoil it, because it was always raining, and it was very difficult conditioning for the athletes. But, as

we know, Modern Pentathlon is the national sport in Hungary, and they have great support, and a very good facility. It was very good that kids came here to support our Masters athletes.

"I'm very pleased that also the older generation, who I remember competing with in the 60s, 70s and 80s, still participate and continue this beautiful journey and participate in Modern Pentathlon. I met here many friends who were great athletes and still compete. And also, what is very nice, I see many athletes who have never done Pentathlon before and now participate and just start this sport, so it's never too late."

UIPM President Dr Klaus Schormann added: "I was delighted to hear about the success of the UIPM 2024 Masters World Championships, following the revival of the event by dedicated community members. The UIPM Masters movement has come a long way since I founded it together with Ernst Burn.

"On behalf of the Executive Board I am pleased to hear that a new Masters Committee has been elected. The Masters, like our Youth and Junior movements, are vital in showcasing the various age groups that the UIPM supports and nurtures – all combining to echo the message that Modern Pentathlon is for life."



Laughs and joy at the finish line as spectators congratulate the finishers at UIPM 2024 Pentathlon & Tetrathlon Masters World Championships



World Obstacle UIPM 2024 OCR World Championships



Competitors from host nation Costa Rica enjoy competing on home soil at the World Obstacle UIPM 2024 OCR World Championships



Precious Cabuya of the Philippines beats off competition from Katarzyna Jonaczyk of Poland.

Cabuya (PHI) and Sokolowski (POL) set 100m alight as Costa Rica toasts the best of global Obstacle talent

More than 600 athletes from 39 nations gathered in Central America for a highly successful four-day World Obstacle UIPM 2024 OCR World Championships.

This competition marked UIPM's third time sanctioning an event with World Obstacle, after Ninja World Cup USA 2023 and the World Obstacle UIPM 2023 OCR World Championships in Genk (BEL).

Thanks to the integration of Obstacle as a discipline in the Modern Pentathlon format, sprint specialists such as those competing in the 100m in Obstacle Course Racing (OCR), as well as Ninja speed competitions, now have a potential pathway to the Olympic Games – starting in Los Angeles in 2028.



Teamwork makes a lot of dreams work as competitors look to scale the challenges at the World Obstacle UIPM 2024 OCR World Championships

OCR - like Ninja - is one of numerous disciplines in the Obstacle Sports ecosystem, providing a range of competitive options for sprint and endurance racers. Four days of thrilling action began at Costa Rica's National Stadium, which hosted the 100m, 3k and team events, while the 15k took place within the Hacienda Doka coffee plantation.

The 100m featured a new world record for women's gold medallist, Precious Cabuya of Philippines, who beat off competition from silver medallist Katarzyna Jonaczyk of Poland and

Tiana Webberley of United States, who claimed bronze.

The Polish team came out on top in the men's 100m as Wladyslaw Sokolowski (POL) managed to upstage a strong Filipino challenge, with Jaymark Rodelas (PHI) and Ahgie Radan (PHI) winning silver and bronze respectively. Isaiah Thomas (USA) set a new world record of 24.353sec in the qualification round.

Champions' reaction

Women's elite 100m champion Cabuya (PHI) said: "I'm super happy about this

competition, really happy with the weather and so proud to have broken the world record again."

Men's elite 100m champion Sokolowski (POL) said: "It took a lot of effort to come here, a lot of training and preparation. But now I feel great. It's an achievement which I dreamed about for a long time.

"For me this is just the beginning. I am only 23 years old and there are a lot of moves I want to try and master, so it's only the beginning. I hope that the discipline is going to become more





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"Let's bring this discipline to the next level, maybe to the Olympics one day."

News from around the world



A host of the biggest names at the elite end of the Women's competition at Paris 2024 insisted they will return for the next Olympic cycle.

'What's coming will be beautiful' ... Paris 2024 Olympians look towards LA28

The immense success of Modern Pentathlon at the Paris 2024 Olympic Games and the sport's exciting future were reflected in the views of dozens of elite athletes expressed immediately after their Olympic quests ended.

More than 63,000 spectators were drawn to the Olympic Modern Pentathlon from August 8-11 as Elodie

Clouvel of France poignantly signalled the end of an era with the last-ever horse ride. Crowds were thrilled by the drama of the 90-minute showcase of five disciplines as Michelle Gulyas of Hungary and Ahmed Elgendy of Egypt became the new Olympic champions.

For some of the 72 competing Olympians, the switch from Riding to Obstacle that must now be negotiated may have felt like a challenge too far, leading to the conclusion that it would be fitting to bow out on a high in the grounds of the Palace of Versailles.

However, the consensus of athlete views in the immediate aftermath of the epic competition told a very different story.

UIPM's media team interviewed more than half of the participating athletes at some point during the competition in Paris (FRA), and 28 of them spoke about their future plans.

Only two of the 28 – Annika Zillekens of Germany and Jessica Savner of United States – indicated that they had competed for the last time. And for





Jean-Baptiste Mourcia (FRA) and Joseph Choong (GBR) were among those who looked forward to continuing their Pentathlon careers post-Paris 2024

Zillekens (GER), to finish with a smooth ride in the Women's Final was a cathartic finale, three years after her painful ordeal at Tokyo 2020.

All the other 26 – including Tokyo 2020 Olympic champion Joseph Choong of Great Britain and double Olympic medallists Clouvel (FRA) and 40-year-old Laura Asadauskaite of Lithuania – stated that they planned to continue their Modern Pentathlon careers, at least for part of the Los Angeles 2028 cycle.

This apparent retention of talent comes as another welcome boost to the sport, which is already cultivating a new generation of heroes who have

been competing in the new format with Obstacle at world level for the past two years.

Paris 2024 Olympians' reaction

Below are a few samples of athlete comments about the future given in the immediate aftermath of their Semi-final and Final appearances in the Paris 2024 Olympic Games.

"I want to try the new Obstacle discipline, it is important to me. I will probably take a pause right now. I would like to build a family, have a baby. But yes, I didn't say stop. I feel good in my body and in my mind. As I said, the old Elodie is back, and I still want more. So what's coming will be beautiful." –

Elodie Clouvel (FRA), silver medallist in Women's Final

"Obviously I am the bronze medallist and first medallist for Korea for women. But I am looking to the future to get the gold medal. That's my plan!" – **Seungmin Seong (KOR)**, bronze medallist in Women's Final

"Of course I will continue with Pentathlon. It's not a question. Because I would like to get a medal at the next Olympics. I have never tried Obstacle before. It's a really new thing for me and I haven't planned the future until this day so I don't know how it will go but I will continue." – **Blanka Guzi (HUN)**, 4th in Women's Final



Paris 2024 Olympic gold medallist Ahmed Elgendy (EGY) hopes to return to defend his crown at LA28

"I will definitely try for the next cycle for LA 2028." – **Elena Micheli (ITA)**, 5th in Women's Final

"I feel really well. It's all I dreamed about to be in my fifth Olympic Games.

I think after these Olympic Games I will continue. These could be my last Games, but I will continue." – **Laura Asadauskaite (LTU)**, 16th in Women's Final

"Let me say that I am planning to be at Los Angeles 2028, maybe it will be the last try for me. As you know I have a shoulder injury after Tokyo so it will be a little risky with Obstacle but I am looking forward to Los Angeles 2028." – **Ahmed Elgendy (EGY)**, gold medallist in Men's Final

"I think now a nice couple of months' holiday to work out what I want head-wise. I think I will carry on for another year at least and then it's very likely I'll call it a day after that. I'd like to end on a more positive note than that." – **Joseph Choong (GBR)**, 9th in Men's Final

"Now, I will have two months' rest and then I will continue." – **Balazs Szep (HUN)**, 10th in Men's Final

"I have tasted what it is like to be in an Olympic competition. So I am definitely going to continue and try to win a medal next time." – **Jean-Baptiste Mourcia (FRA)**, 11th place in Men's Final

"I just finished junior years last year and already have competed with Obstacle race back to the Junior World Championships. I'm a guy who was OK and maybe even good with changing the horse to the obstacle because of the horse draw. Obstacle in this moment is much better because it's all in your hands." – **Vladyslav Chekan (UKR)**, 11th in Men's Semi-final B

Yasser Hefny OLY, UIPM Athletes Committee Chair, said: "Athletes in Modern Pentathlon have been through a very difficult process of adjustment, with the ongoing transformation of the sport causing a mass re-evaluation of personal motivation.

"While the change was undoubtedly needed in order to preserve our Olympic status, it hasn't been easy for anyone, and the physical process of transition is only beginning now for many senior athletes who focused on training for Riding to fulfil their dreams of competing in the Paris 2024 Olympic Games.





Numerous elite-level pentathletes expressed a desire to continue in the hope of repeating precious and memorable moments such as Paris 2024.

“For that reason, it was immensely heartening to read in the athlete interviews from Paris that so many of our Olympians are ready to undertake a new challenge and join us on the journey into a bold new era.

“Paris 2024 was an incredible moment for our sport, and without seeking to compare the two, LA28 has the potential to also be incredible.

“Obstacle offers an exciting and accessible dimension, not only for new audiences and new athletes from every country in the world, but also for the community of elite athletes who made our sport shine so brightly in Paris. I

can’t wait to see them on the obstacle course when the 2028 Olympic cycle begins.”

Masters Committee Elections: New five-strong group elected during competition in Gyomro (HUN)

The UIPM 2024 Pentathlon & Tetrathlon Masters World Championships in Gyomro (HUN) proved to be a joyous return of a competition which has been absent for six years.

With around 100 athletes participating from 20 countries across Africa, North America, South America, Europe, and

Asia it was a busy week.

There was also time for some important logistical and planning matters amid the healthy competition and members of the Masters community gathered on the evening of September 14 to elect a new five-strong UIPM Masters Committee.

The new committee is comprised of the following members:

- **Nathalie Denoyes (FRA)**
- **Emanuel Gambini (ITA)**
- **Krisztina Gerhardt (HUN)**
- **Antonio Sanchez Paraja (ESP)**
- **George Harrop-Allin (RSA)**

Inside UIPM

Secretary General Shiny Fang’s message

- Integrity, no corruption
- Win with fairness
- Lose with dignity

Imagining an ideal world of election...

At any election, maybe the most important thing for voters is that the candidates have enough capability, experience, vision, attractive programme and clear thoughts for the future – and especially a convincing pledge that they really will work for the voters as promised in any speeches.

In the real political world, I guess there is more disappointment than fulfillment, but what about in the world of sporting politics? I think it is relatively better.

But what would be an ideal scenario, as we approach the 73rd UIPM Congress on the brink of a new era of democratic leadership for our National Federation community? I am happy to share some personal views from three different angles:

1. The kind of candidates I would hope to see:

- With good motivation and passion
- Believe in yourself and act on what you commit to
- Hope to be elected because you want to improve things for NFs

- Explain yourself and your vision clearly, because NFs want clarity
- Don’t become obsessed that your vision is the only vision
- Be open-minded and remain open to compromise here and there
- Don’t make loose promises that later you can’t deliver
- You might be attacked, but treat it as only part of the politics...
- Enjoy and appreciate the people working around you before, during and afterwards
- Show integrity, even though sometimes telling truth can be dangerous
- Look people in the eyes and have a real conversation with them
- Show your desire and determination to grab opportunities when you can
- Be modest and, if you lose, lose with dignity.

2. What a healthy election looks like:

- Transparent and professional
- Clean and clear
- Interaction with questions answered where needed, but with understanding and cooperation
- An acceptance of new faces and fresh strength
- Where there is rivalry, candidates

see each other as opponents but not enemies

- Differences and opposing opinions, but reaching the same final goal for the good of the sport
- No corruption, no buying or selling votes – obviously essential!
- Respect the electoral process, regulations and laws
- Compete fiercely, but never forget the bottom line that we are all human beings.

3. Can we have rational voters? I really hope that our NFs:

- Vote for what they believe, not what they are asked
- Listen, ask and think, before making decisions
- Vote for the person most likely to do good things for the stakeholders and community, not for himself/herself
- Make a choose and then believe in it
- Show support, through their eyes and smiles if not their voices
- Congratulate the winner and respect the result even where they voted for an unsuccessful candidate
- At the end, count on winners who would do their best because we need unity and solidarity in the community.



Inside UIPM

President Dr Klaus Schormann's activities



UIPM President Dr. Klaus Schormann and UIPM Secretary General Shiny Fang with the Lori Norwood sculpture which Dr Schormann donated to UIPM HQ

05.09. – 06.09.2024: Monaco, MON

UIPM President Dr Klaus Schormann visited UIPM Headquarters to finalise key organisational matters ahead of the upcoming 73rd UIPM Congress in Riyadh (KSA).

During his visit, the UIPM President held important discussions with Secretary General Shiny Fang to ensure all preparations are on track. The productive meetings focused

on aligning strategies and refining logistical details, highlighting the UIPM leadership's commitment to a successful event.

President Dr Schormann personally purchased and donated a sculpture created by 1989 Modern Pentathlon world champion Lori Norwood (USA) to UIPM HQ.

Originally crafted by Ms Norwood for the centenary of the Olympic Modern

Pentathlon at the London 2012 Olympic Games, the piece now holds a special place in the organisation's headquarters.

12.09. – 16.09.2024: Caldas da Rainha, POR

The UIPM 2024 Pentathlon U17 World Championships brought together young athletes from around the globe and UIPM President Dr Klaus Schormann attended the competition,



Left to right: Portuguese Modern Pentathlon President Dr. Joao Almeida, Mayor of Caldas da Rainha Vitor Marques, UIPM President Dr. Klaus Schormann, Secretary General of the Portuguese Modern Pentathlon Federation Manuel Barroso, Secretary of the Presidency and City Council of Caldas da Rainha Antonio Vidigal.

emphasising the importance of nurturing future talents in the sport and ensuring he didn't miss the opportunity to witness the promising young athletes in action.

The event was a great success, thanks to the exceptional organization by the Portuguese Modern Pentathlon Federation led by Dr Joao Almeida.

Vitor Marques, the Mayor of Caldas

da Rainha, warmly welcomed all participants, showcasing the city's hospitality and support for the sport.

President Dr Schormann presented President Dr Almeida with the UIPM



Left to right: Portuguese Modern Pentathlon President Dr. Joao Almeida, UIPM President Dr. Klaus Schormann and Secretary of the Presidency and City Council of Caldas da Rainha Antonio Vidigal present prizes to the Women's Team medalists at the UIPM 2024 Pentathlon U17 World Championships.





Left to right: Portuguese Modern Pentathlon President Dr. Joao Almeida, UIPM President Dr. Klaus Schormann and Peru Modern Pentathlon President Bernardino Marcelo Leyva Meneses at the UIPM 2024 Pentathlon U17 World Championships.

Medal of Honour, recognising his outstanding contributions to Modern Pentathlon, including a long period of service from 1992 to 2008 as a member of the UIPM Medical Committee.

Dr Almeida was instrumental in advancing athlete health and safety,

pioneering the introduction of blood control testing during the Olympic Games - a significant step in ensuring fair competition and athlete welfare. His work has had a lasting impact on the sport's medical standards and integrity.

President Dr Schormann met with several leaders of national delegations to discuss the strategic development of the Obstacle discipline, focusing on equipment needs and financial resources.

During the discussions, he also spoke



Left to right: Secretary of the Presidency and City Council of Caldas da Rainha Antonio Vidigal, UIPM President Klaus Schormann, UIPM Technical Delegate Rui De Lucena, UIPM Equipment Commission Chair Bernhard Petruschinski, UIPM Technical Delegate Agnes Kulcsar, Secretary General of the Portuguese Modern Pentathlon Federation Manuel Barroso and Portuguese Modern Pentathlon President Dr. Joao Almeida.

with the acting NOC President of Portugal, Dr Artur Lopes, about the future Olympic programme and the financial support provided to FPPM on the road to LA28, and Dr Manuel Brito, the NADA President of Portugal.

It was emphasised that the transition to Obstacle discipline marks a significant step towards a future of rapid growth, offering National Federations a cost-effective solution and increasing global accessibility to the sport.

President Dr Schormann had very important discussions with the President of the Peru NF, Bernardino Marcelo Leyva Meneses, regarding the upcoming Congress and the development of the new Obstacle discipline.

President Meneses also explored the potential for future competitions in Peru, focusing on how the country can play a key role in promoting and supporting this exciting new edition to Modern Pentathlon. President Schormann expressed strong interest in strengthening Peru's involvement,



UIPM President Dr Klaus Schormann presents Portuguese Modern Pentathlon President Dr. Joao Almeida with the UIPM Medal of Honour, recognising his huge contribution to Modern Pentathlon.

both in hosting international events and in developing local talent for future competitions.

These talks marked an important step forward in expanding the sport's reach in South America.



Pentathlon World Rankings

The PWR is updated live at www.pentathlon.org after each competition. PWR as at September 19, 2024

MEN

RANK	NATION	NAME	POINTS
1	EGY	Ahmed ELGENDY	210
2	HUN	Csaba BOHM	206
3	KOR	Woongtae JUN	193
4	MEX	Emiliano HERNANDEZ	192
5	HUN	Balazs SZEP	188
6	EGY	Moutaz MOHAMED	181
7	KOR	Changwan SEO	174
8	JPN	Taishu SATO	173
9	ITA	Giorgio MALAN	173
10	ITA	Matteo CICINELLI	161
11	GER	Marvin DOGUE	159
12	EGY	Mohamed ELGENDY	157
13	FRA	Valentin PRADES	155
14	FRA	Jean-Baptiste MOURCIA	154
15	POL	Kamil KASPERCZAK	153
16	EGY	Mohanad SHABAN	144
17	CHN	Shuai LUO	144
18	GER	Fabian LIEBIG	135
19	CZE	Martin VLACH	135
20	POL	Lukasz GUTKOWSKI	133

WOMEN

RANK	NATION	NAME	POINTS
1	KOR	Seungmin SEONG	216
2	HUN	Blanka GUZI	201
3	TUR	Ilke OZYUKSEL	190
4	LTU	Gintare VENCKAUSKAITE	188
5	HUN	Michelle GULYAS	184
6	AIN	Mariya GNEDTCHIK	183
7	GBR	Kerenza BRYSON	174
8	FRA	Elodie CLOUVEL	173
9	EGY	Salma ABDELMAKSOU	170
10	KOR	Sunwoo KIM	167
11	HUN	Rita ERDOS	160
12	ITA	Elena MICHELI	156
13	ITA	Alice SOTERO	155
14	SUI	Anna JURT	153
15	EGY	Malak ISMAIL	150
16	CZE	Lucie HLAVACKOVA	142
17	GBR	Emma WHITAKER	135
18	HUN	Blanka BAUER	133
19	FRA	Marie OTEIZA	132
20	GBR	Kate FRENCH	131

The latest UIPM World Rankings, World Cup Rankings and Olympic Games Rankings are all available at www.pentathlon.org



Baron Pierre de Coubertin

"The Modern Pentathlon event would test a man's moral qualities as much as his physical resources and skills, producing thereby the ideal, complete athlete."

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